



## Programs and Systems for LIFE MISSION, CAREER DEVELOPMENT, INDEPENDENCE, JOB READINESS, and WORKPLACE SUCCESS

**About  
PEAK  
MASTERY**

PEAK MASTERY provides an innovative, in-depth series of interactive career, workplace, and motivational programs for adults and youth. Peak Mastery will guide students, step-by-step, to craft a detailed vision of their independent adult life, discover their unique purpose in that life, build real-world and workplace readiness skills, and successfully go out into the job market. They develop a sense of direction and meaning as they learn the dynamics and realities of the working world. Their life and work plans are uniquely theirs, they created it, and they are more committed to taking the responsibility to making it come true.

Plus, they receive a rich, in-depth set of online resources, plans, maps, goals, and tools that they keep, that never expire, that evolve with them as they advance in life.

**Available  
PEAK  
MASTERY  
Job and  
Career  
Programs –  
See below  
for Course  
details**

Peak Mastery is web-based or printed, fun to use, interactive, and effective. Each student gets a password to a personal, online user account. Activities are also available in print.

PROGRAM	PURPOSE and OUTCOMES	LENGTH
FutureSelves*	Skills, interests, values, beliefs, careers, lifestyle	2 – 4 hrs.
Peak e-Portfolio	Share, learn, manage goals, explore, grow, market ME	Lifetime
Peak Readiness	In-depth life skills, motivation, confidence, & vision	20 – 25 hrs.
Peak Discovery	Reality wake-up call, commitment to school, choices	7 – 10 hrs.
Peak Purpose	Comprehensive life mission, purpose, college, career	25 – 35 hrs.
Peak Workplace	Interviewing, job readiness, job etiquette & success	8 – 12 hrs.
Peak Workforce	Problem solving, confidence, teamwork, communication	15 hrs.
Custom Programs*	CONTACT US: Extended, custom & special programs	Flexible

*\*Quoted separately, and may require custom set up, training, consulting, or additional fees*

**Key  
BENEFITS**

- Inspires, Motivates, and Empowers adults and youth to own their own success
  - Students learn the economic value of continuing education and commit to school
  - Workplace skill lessons and online resources teach employment success
  - The personalized, detailed life vision leads to better planning, choices, and action
  - Students can experiment, explore, and create multiple scenarios for their future
  - Modular, configurable, flexible systems adapt to local needs and budgets
  - Internet-based system integrates vast resources and provides 24 x 7 access
  - Self-guided, user-centered courses reduces teacher time and hassle
  - Tracking tools, progress reports, and assessments provide data and monitoring
  - Instructional and curriculum materials adapt to many learning environments
- Student-designed life plan and personalized outcomes act as their own voice

**We offer SEVEN individual programs for adults and youth, for job, career, and life success:**

***Programs  
AVAILABLE***

**Basic and advanced programs on life and the working world - PEAK READINESS and PEAK DISCOVERY** offer a short and direct, or a detailed and in-depth, life planning and reality simulation that puts work, jobs, careers, and income into a realistic context, connected to education, lifestyle, and economics. This motivational curriculum provides a reality wake-up call on the dynamics of the real world.

**Youth & adult careers, values, interests, beliefs, and lifestyle - FUTURESELVES** is a new, breakthrough, and insightful evaluation methodology and process to discover student interests, values, fears, skills, beliefs, and their image of their “possible selves.” It captures the uniqueness of each individual and their unique experiences, leading to more meaningful and effective dialog, teaching, interventions, and life planning.

**In-depth career development and life planning - PEAK PURPOSE** is a career development and life mission discovery course. Students will learn, in their lives, what will be their unique contribution to this world, based on their interests, skills, past experiences, and what they’re passionate about. Then they’ll create their own mission statements to clearly articulate their paths to success and a map to get there, and finally, map those into specific, personalized personal and career development road maps.

**Job search, job readiness, and workplace success - PEAK WORKPLACE** guides teens and adults to prepare for a job search, land a job, and succeed on the job, and **PEAK WORKFORCE** is an advanced workplace readiness course that includes teamwork, effective communication, problem solving, self confidence, and organizational skills.

**Online e-Portfolios to learn, share, grow, succeed - PEAK PORTFOLIO** is an online, interactive, personalized e-portfolio where students manage goals, present key outcomes from Peak Mastery programs, collect awards, achievements, honors, and resumes, explore careers and subject areas, share their story with others, market themselves to hiring managers and companies, and MUCH more.

**Choose from these SIX integrated tracks (for details, refer to the summaries above or the in-depth program descriptions below):**

***Integrated  
Tracks for  
Maximum  
Impact***

<b>JOB READINESS, WORKPLACE SUCCESS, and INDEPENDENCE</b>	<p><b>Basic:</b> Peak Discovery and Peak Workplace  <b>Intermediate:</b> Peak Readiness and Peak Workforce  <b>Advanced:</b> Peak Readiness, Peak Workforce, Peak Financial</p>
<b>CAREER, MISSION, and FUTURE LIFE:</b>	<p><b>Basic:</b> Peak Readiness and Peak Purpose  <b>Intermediate:</b> Peak Readiness, Peak Purpose, and e-Portfolio  <b>Advanced:</b> Peak Readiness, Peak Purpose, Peak E-Portfolio, and FutureSelves</p>

**RATES Per Individual User, paid by the User online with a credit card:**

<b>JOB READINESS, WORKPLACE SUCCESS, and INDEPENDENCE</b>	Basic (Peak Discovery and Peak Workplace): \$65.00 Intermediate (Peak Readiness and Peak Workforce): \$95.00 Advanced (Peak Readiness, Peak Workforce, and Peak Financial): \$125.00
<b>CAREER, MISSION, and FUTURE LIFE</b>	Basic (Peak Readiness, and Peak Purpose): \$100.00 Intermediate (Peak Readiness, Peak Purpose, and e-Portfolio): \$150.00

**RATES for schools, colleges, agencies, and organizations:**

1-YEAR LICENSE	Per User	100 Users	250 Users	500 Users	1000 Users
<b>JOB READINESS, WORKPLACE SUCCESS, and INDEPENDENCE</b>					
Any Single Program	\$50.00	\$1000	10% <i>Discount</i>	15% <i>Discount</i>	20% <i>Discount</i>
Basic Package	\$65.00	\$1200			
Intermediate Package	\$95.00	\$1800			
Advanced Package	\$125.00	\$3000			
<b>CAREER, MISSION, and FUTURE LIFE</b>					
Any Single Program*	\$50.00	\$1200	12% <i>Discount</i>	18% <i>Discount</i>	25% <i>Discount</i>
Basic Package	\$100.00	\$2500			
Intermediate Package*	\$150.00*	\$4000*			
Advanced Package*	\$200.00*	\$5500*			

*\*FutureSelves prices above include license costs only, training and site preparation are additional*  
*Optional: Add Online Tracking and Reporting System for staff at \$300.00 per program*  
*Optional: Add In-Depth Learning System and Curriculum Training (by phone) at \$300.00 per program*  
*We provide no-charge replacements for partially used student accounts and discounts for repeat purchase.*

**HOW IT WORKS:** Students and staff access the Learning System, the interactive lessons, and vast online resources from any Internet-connected computer. The Peak Mastery Learning System will guide students to:

1. Logon to an online account with a personal password.
2. Proceed step-by-step through a series of Activities and Lessons, course materials, assessments, online resources, development plans, and interactive tools, and save their answers.
3. Discover much about themselves, life, careers, finances, jobs, goals, education, and much more.
4. Complete a detailed plan for their future with specific plans, steps, and outcomes.
5. Provide reports for teachers, parents, and sponsors on progress and outcomes.

Use of the Learning System includes:

- **100% Money Back Guarantee.**
- Individual passwords and user accounts for each student – passwords do not expire.
- Lifetime access to our life-scenario-planning system.
- Participation resources and tools for parents and families.
- Technical assistance at no cost, toll-free 866.471.4285.
- Detailed, step-by-step instructions integrated into each Module.
- Numerous assessments, tracking tools, and student reports, and instructional and curriculum resources.

## **COURSE DESCRIPTIONS and CURRICULUM OUTLINES**

*Peak  
Readiness  
Description*

**PEAK READINESS** is an in-depth life skill and motivational curriculum for young people (20 hours of instruction). Peak Readiness contains all the Activities and Modules included in Peak Discovery – and much more. The Course will guide students, step-by-step, to craft a detailed vision of their independent adult future and create a clear and specific picture of what’s possible. They will learn a variety of life skills to build the confidence necessary to reach their goals. Their plan is uniquely theirs, they created it, and they are more committed to taking the responsibility to making it come true. Peak Readiness guides them to compare the uncertainty of their expectations with the reality of their capabilities.

*Peak Readiness includes an integrated pre- and post-assessment to measure student shifts in knowledge and motivation, and Teacher/Sponsor tracking and reporting tools to access student progress, activity results, assessment outcomes, journal entries, and more.*

*Peak  
Readiness  
Curriculum*

**Peak Readiness Pre-Assessment**

**Align Lifestyle, Mission, Earning Power**

**Introduction: How This Works**

**Align Work and Education**

**Your Preferred Lifestyle**

Intro to Independent Life (in Three Parts)  
Journal and Reflection on Living on Your Own

**Explore Educational Options & Outcomes**

Explore Colleges, Admissions, and Costs  
Interview a Worker in Your Chosen Career  
Reflect on Careers, Jobs, Education

**Research, Decide Your Independent Lifestyle**

Find a Real Apartment  
Furnish Your Apartment  
Determine Costs to Move Out  
Create a Budget for Basic Expenses  
Purchase a Car, Calculate a Car Loan  
Real Costs of Owning and Maintaining a Car  
Explore Insurance Costs for Cars and Health  
Calculate Leisure and Entertainment Costs  
Saving, Investing, Credit Cards, Rainy Days  
Income Needed to Achieve Your Lifestyle  
Reflection on Budgets, Lifestyle, Expenses

**Intro to the Business World**

Business Self-Assessment  
Write a Basic Business Plan  
Interview an Entrepreneur  
Reflect on the Business World

**Identify Job, Career, & Vocational Options**

Profile Yourself, Identify Job Categories  
Discover the Role of Work in Independent Life  
Explore Income, Job Conditions & Outlook

**Decide Your Lifestyle Goals,  
Make a Commitment**

**Explore Giving Back to the Community**

Intro to Service and Volunteering  
Service Learning Self-Assessment  
Interview a Volunteer or Service Worker

**Peak Readiness Post-Assessment**

*Peak  
Discovery  
Description*

**PEAK DISCOVERY** is a short and direct wake-up call (10 hours of instruction). It presents the reality of the working world by guiding students to discover the path to a reasonable lifestyle. They'll create a detailed budget for all the major expenses in a normal life, take a quick survey to identify their preferred job and career options, compare the earning power of those jobs to their lifestyle budget, and discover how their education and personal choices will qualify them for those jobs. The messages are, "Your choices create your future. In that future, education, work, money, and lifestyle are all connected – and you decide."

*Peak  
Discovery  
Curriculum*

**Explore the Real World:** Intro Independent Life

**Find the Costs of a Reasonable Lifestyle**

- Locate and Budget for a Real Apartment
- Create your Budget for your Apartment, Utilities, Food, and Clothing
- Costs and Responsibilities of Owning Your Car
- Find and Learn About Car & Health Insurance
- Create Leisure and the Fun in Your Life
- Yearly Budget, Expenses, and Income Needed

**Discover the Jobs and Education Needed to Support Your Life**

- Find the Income, Jobs, and Education Needed to Reach Your Lifestyle
- Learn About Success in Your Chosen Job or Career

**Goals and Decisions:**

**What will you do NOW?**

Make CHOICES: What will you do NOW to create the life you want?

*Peak  
Workplace  
Description*

**PEAK WORKPLACE** guides students through the job search and success on the job (10 hours of instruction). The Course stresses the importance of planning and motivation in winning a job offer. Students explore how to prepare job applications, resumes, cover letters, all the key aspects of job interviewing, and they practice interviewing with a partner. Then, they learn about success on the job, teamwork, communication, and avoiding the main reasons people lose jobs. This is both a curriculum and a real-world, on-the-street resource kit that leads to action.

*Peak  
Workplace  
Curriculum*

**Find a Job:** Your Job Search and Job Resources  
Explore Job Applications and Create Yours  
Resumes, Cover Letters, and References  
Preparing for Job Interviews  
Interview Success and Follow Up

**Keep Your Job and Excel**

Learn about paychecks and deductions  
Keeping and Succeeding in Your Job  
Success with Coworkers and Bosses  
Teamwork and Initiative

*Peak  
Workforce  
Curriculum*

**PEAK WORKFORCE** adds modules to build several key cognitive and interpersonal skills for success in the workplace – and life in general (another 10 hours of instruction):

**Workplace Advanced Skills**

Problem Solving  
The Foundation of Good Teamwork

Self Confidence: Appreciate Who You Are  
Intentional Communication  
Getting Organized

**PEAK e-Portfolio:** Share, learn, manage goals, explore, grow, market ME

*Peak e-Portfolio Objectives, Capabilities*

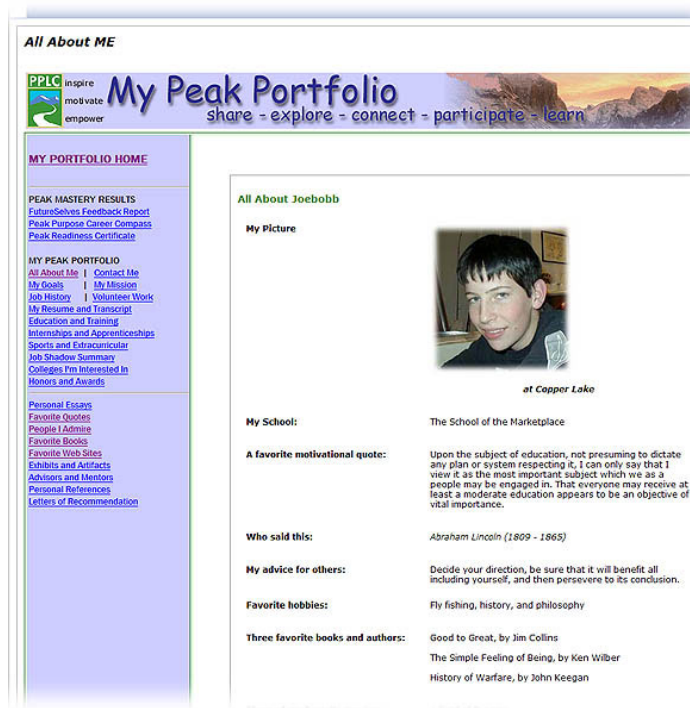
**KEY OBJECTIVES**

- Show who I am to bosses, friends, teachers, family, parents, & colleges.
- Build a dynamic archive of my assets, accomplishments, honors, awards, and all the unique recognition I've deserved.
- Immerse myself in subject or career areas, connect with others, share what I have to offer, explore the online world, and learn.
- Market myself to key people, including college admissions, hiring managers, mentors, personal references, and community organizations.
- Manage my goals, future plans, personal development, and ways to become the person I want to be.

**KEY CAPABILITIES**

- Collect & integrate key results from my Peak Mastery programs: career plans, life mission, financial goals, skills, interests, assessments, values, personality, & more.
- Collect awards, honors, recognition, and other achievements that make me unique.
- Describe and report job history, resumes, academic transcripts, and entire background.
- Fun sections on favorite web sites, books, heroes, quotes, and words of advice.
- Customize the look of my Portfolio.
- Ways to send links to others so they can log in and explore my Portfolio.
- Sections for users to "immerse" themselves in career fields to learn more about what interests them and what they care about.

*What's Included in the e-Portfolio*



**e-PORTFOLIO SECTIONS**

- FutureSelves Feedback Report
- Peak Purpose Career Compass
- Peak Readiness Certificate
- All About Me | Contact Me
- My Goals | My Mission
- Job History | Volunteer Work
- My Resume and Transcript
- Education and Training
- Internships and Apprenticeships
- Sports and Extracurricular
- Job Shadow Summary
- Colleges I'm Interested In
- Honors and Awards
- Personal Essays
- Favorite Quotes
- People I Admire
- Favorite Books & Web Sites
- Exhibits and Artifacts
- Advisors, Mentors, References
- Letters of Recommendation

*Peak  
Purpose  
Description*

**PEAK PURPOSE** is a career development and life mission discovery course (25 hours of instruction). Students will learn, in their lives, what will be their unique contribution to this world, based on their interests, skills, past experiences, and what they're passionate about. Then they'll create their own mission statements to clearly articulate their paths to success and what their financial needs are.

Finally, they'll develop a detailed plan to map their mission and preferences into a career plan that will guide them to success and satisfaction. Teens' and adults' entire outlook can change once they see a vision of the value they bring to the world, their contribution, and their life mission. They recognize that they have the ability to have a significant and positive impact on their world, and they discover that they have the skills and ability to help others.

*Peak Purpose offers versions for youth or adults.*

*Peak  
Purpose  
Curriculum*

**Who Am I?**

- What's important to me? What are my Values?
- What do I like to do? What are my Interests?
- How do I like to interact with the world around me?
- What is my personality type and my personality preferences?
- What cool things have I done?
- What are my past accomplishments and most memorable experiences?
- What am I good at? What are my skills?

**Where Am I Going?**

- How would I like to make a contribution to this world?
- What customer need will I address?
- What's my Mission?
- Create my Mission Statement
- What will I do?
- Who will I help?
- What will I accomplish for them?
- How much money do I need to earn?
- What are my Career and Life Goals?

**How Do I Get There?**

- Is my goal realistic? How do I test and validate my Career Goal?
- How do I know if this is really right for me?
- Research my chosen career.
- What is my Career Plan?
- What areas do I need to improve in?
- How do I market myself?
- Utilizing Purpose Bound
- How do I utilize this new-found knowledge?
- How do I repeat the process when things change?
- Motivation and Focus

**About  
FUTURE  
SELVES**

**FUTURESELVES is a proven, internet based tool that graphically maps student thinking, helping busy practitioners improve student motivation, behavior, performance and decision making.**



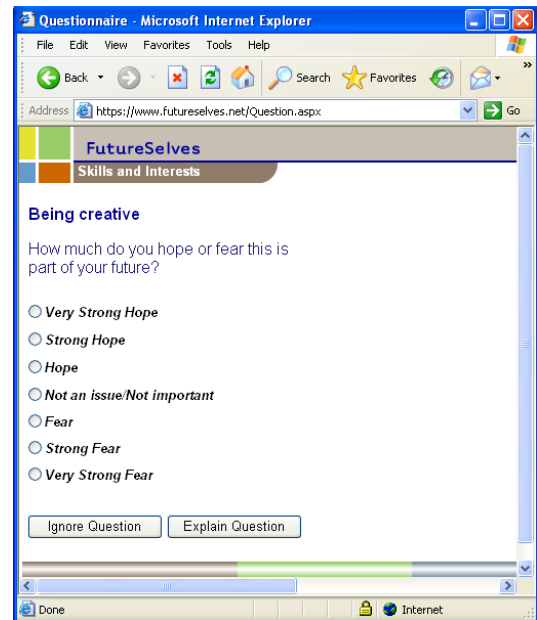
Students (including those classed as at risk) enjoy it because it is different and captures their uniqueness as individuals. Teachers and mentors find it engages the students better and leads to effective, realistic goal setting and planning. Administrators and funders can see the impact of program spending.

**INSIGHT:  
Skills,  
Interests,  
Values,  
Careers,  
Beliefs,  
Lifestyle**

FutureSelves is a quick, effective way to engage teens to build a positive future. It is designed for busy practitioners who must cover a lot of ground quickly. At the core is the concept of “possible selves.” These are the images, thoughts, feelings and senses a person has about themselves in the future. They link directly to a person's thinking - and decision-making, behavior, motivation and performance.

**How Does  
It Work?**

FutureSelves is a practical application. It is a web-based questionnaire with a selection of item banks for different contexts, and for the different styles of practitioners. The online questionnaire provides feedback in the form of text and graphs, which provide material for discussion with students. Training, workbooks and manuals are also provided.



- Administrator sets up the student
- Student completes FutureSelves online
- Administrator provides feedback to Coach (online or email)
- Coach sets goals/strategies with student (face to face or phone)
- Student works with additional Peak Mastery Courses

*Contact Pikes Peak Learning toll free 866.471.4285 for full configuration, pricing, and usage information. Pikes Peak Learning is an authorized distributor for FutureSelves, of Wellington, New Zealand. The Futureselves application provides a valuable compliment to the Peak Mastery job readiness, workplace success, life skills, motivational, and career development programs.*

*How Rehabilitation providers can use FUTURE SELVES*

**Engaging clients at the start of an intervention:**

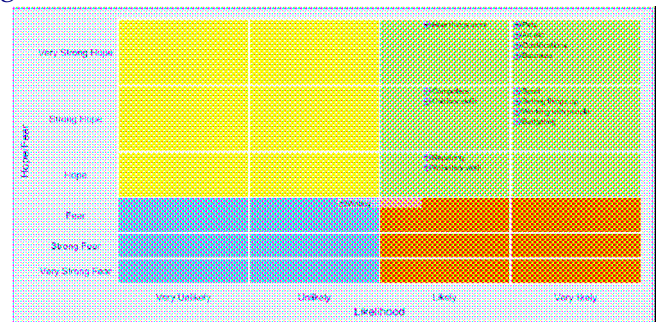
It speeds up the process of engaging clients in the rehabilitation process. You can quickly build a working alliance to develop new goals and pursue them. It provides a gateway for more active participation in your program, and for better tailoring your program for their specific needs.



**Identifying the basics:** such as skills and interests, values, career hopes and barriers.

**Tracking client change:** Development can easily be seen by looking at changes in the shape of client’s graphs. If needed, this information can be aggregated quantitatively and visually, as a formal means of evaluating effectiveness.

Most importantly, **clients see the changes in visual form** on the graphs, giving them feedback about their progress and motivating them to develop further. It also helps them talk about themselves better with others.



*What People SAY:*

- ‘I have found that it has taken them from being very angry/antagonistic and unco-operative to being very open about barriers and fears ... which later meant that we could build some trust and move forward.’
- ‘They’re able to see what will happen in the future if they continue down the same track and don’t make changes’
- ‘Their reaction was very positive because the system is non-confrontational.’
- ‘It went like a breeze - very positive feedback.’
- ‘It’s very good with head injury clients, because with it you discover opportunities that can be hard to find’ with this group’

*Why It WORKS:*

- ✓ The clients get a much more positive, future focused and comprehensive view of themselves than they had previously, and in a short amount of time.
- ✓ The graphs capture a large volume of information that otherwise would require pages of text.
- ✓ Clients enjoy using the software and answer it candidly. It acts as a neutral intermediary between professionals and clients.
- ✓ People see more clearly the choices they are making, and that they have more choices than they previously thought.
- ✓ While the output is personalized to the individual, it captures their unique views of themselves and their feelings - it does not stereotype them or put them in a box.