

## PEAK MASTERY TARGET AUDIENCE, SUGGESTED USE MODELS, AND SEQUENCING SUGGESTIONS

- **None of the programs below are considered pre-requisites for any others.**
- **All programs complement all others and contain very little or no overlap of material.**
- **Any program can be used standalone or in combination with any others, except for Peak Readiness and Peak Discovery (Discovery is a short version of Readiness)**

Here are a couple of sample curriculum sequences that we recommend:

1. *For independent living:* Do Peak Readiness first, Peak Financial second, and Peak Workplace third. The order of Financial and Workplace are not critical, but should be done after Readiness. FutureSelves should be done before or parallel with Peak Readiness, so that the dialog process with FutureSelves can include student discoveries in Peak Readiness.
2. *For college-bound students:* Do Peak Readiness first, and Peak Purpose second. FutureSelves should be completed prior to or in parallel with Peak Readiness, and prior to Peak Purpose, so that the dialog process with FutureSelves can include student discoveries in Peak Readiness, and so that FutureSelves career insights can be applied in Peak Purpose.

PROGRAM NAME	TYPICAL TARGET AUDIENCE and SUGGESTED USE MODEL	SEQUENCING SUGGESTIONS
<b>FutureSelves</b> <i>Coordinate your FutureSelves training to allow the right sequence with students.</i>	All middle school, high school, college age, and adult students. Effective use of FutureSelves requires training on the system, especially how to interpret the results and conduct meaningful dialog with students. <i>For all other programs, FutureSelves provides key insights into students' career options, self image, interests, values, and beliefs. FutureSelves is also short, taking less than an hour for students to complete, and at most a few hours to work with an adult practitioner to interpret the results. Is therefore best completed prior to or in parallel with all other programs.</i>	Helpful in identifying career paths for Peak Purpose, and should therefore be done prior to Peak Purpose.  Can uncover core emotional, psychological, self image, or values issues in combination with Peak Choices, can be done prior to or after Peak Choices and incorporated into the dialog process with students.
<b>Peak Readiness</b>	High school, college age, and adult. More meaningful to users already independent, or working to become independent.	Usually done prior to other programs. If users are doing Peak Workplace or Peak Financial, best done prior to those. Can be done before or after Peak Purpose.
<b>Peak Discovery</b>	A shortened version of Peak Readiness. High school, college age, and adult. More meaningful to users already independent, or working to become independent.	Usually done prior to other programs. If users are doing Peak Workplace or Peak Financial, best done prior to those. Can be done before or after Peak Purpose.
<b>Peak Purpose</b>	High school, college age, and beyond. Language and concepts will be too advanced for most middle school students. Best for students considering college or other continuing education beyond high school.	Excellent stand alone program. FutureSelves offers additional insight into career options, so is best done after FutureSelves. Recommend doing Peak Readiness or Peak Discovery first, but not required. Can be done in any sequence with any other programs.
<b>Peak Workplace</b>	High school most likely audience, though can be used for some middle school students or 2-year college students. Good for teens looking for part time work while in school, or those going directly into the work force from high school.	If used with Peak Readiness or Peak Discovery, best done after these. Can be done before or after Peak Financial or Peak Purpose.
<b>Peak Financial</b>	High school, college age, and adult. More meaningful to users already financial independent, or working to become independent.	If used with Peak Readiness or Peak Discovery, best done after these. Can be done before or after Peak Financial or Peak Purpose.
<b>Peak Choices</b>	For students who are already suffering consequences from poor choices, who are already in some trouble with the law or the schools.	Can be done prior to, in parallel with, or after FutureSelves.