



PEAK READINESS SAMPLE CURRICULUM TIMELINE This chart shows total time required for Peak Readiness. These times are *typical*, and your results will vary. Activities are best completed online to give the student a chance to learn research online and the use of online resources. If computer access is limited, up to 85% of the Activities can be completed offline. To do lessons offline, give students specific instructions related to the Activities below and encourage them to use the library, newspaper, telephone, the mall, or the Internet at home. When back at the computer, they can transfer their answers to the online Activities.

LESSON	PURPOSE & TOTAL TIME REQUIRED	ESTIMATED TIME REQUIRED PER LESSON	OFFLINE?
Welcome to Peak Mastery	Explain purpose and how it works 0:45 TOTAL, 0:30 Off line	0:30 Teacher and Students 0:15 Enter name and initial thoughts	Off line On
Intro to Independent Life	Learn the relationships between education, career, money, and lifestyle. Discover minimum wage, different levels of income and related lifestyles, and get familiar with PM. 2:00 TOTAL, 0:30 Off line	0:15 Introduction, Teacher & students 0:30 Intro, Part 1, students only 0:30 Intro, Part 2, students only 0:30 Intro, Part 3, students only 0:15 Discussion, Teacher & students	Off line Off line Off line Off line Off line
Find and Furnish Your Apartment	Determine what it takes to move out. Choose your apartment, furnish your apartment, and calculate total living expenses. 4:15 TOTAL, 4:00 Off line	0:15 Introduction, Teacher & students 0:30 Find Apartment, students only 1:30 Kitchen and Living Room, students only 1:30 Bedroom and Bathroom, students only 0:15 Total move-out budget, students only 0:15 Discussion, Teacher & students	Off line Off line Off line Off line On Off line
Create Your Life, Learn the Costs	Determine the hourly pay needed to live independently. Price food, clothes, car, and car maintenance. Compute insurance, taxes, and leisure activities. Determine total hourly and yearly living expenses and wages needed. 6:15 TOTAL, 3:30 Off line	0:15 Introduction, Teacher & students 1:00 Apartment, food, clothing, students only 0:15 Discussion, Teacher & students 1:30 Owning a car, students only 0:15 Discussion, Teacher & students 1:30 Insurance and Leisure, students only 0:15 Discussion, Teacher & students 0:15 Savings, Investing, etc., students only 1:00 Discussion, Teacher & students	Off line On Off line On Off line Off line Off line On Off line
Jobs, Income, and Education	Learn how education, career, money, and lifestyles are related. Discover jobs, careers, and education. Conduct an interview. 8:15 TOTAL, 4:45 Off line	0:15 Introduction, Teacher & students 2:30 Income & lifestyle alignment, students only 2:30 Jobs and Careers, students only 0:30 Discussion, Teacher & students 1:00 Colleges and education costs, student only 1:00 Job Research Interview, student only 0:30 Discussion, Teacher & students	Off line On Off line Off line On Off line Off line
Discover the Business World	Learn about running your own business. Write a business plan. Take a self-assessment on being an entrepreneur. 3:45 TOTAL, 3:15 Off line	0:15 Introduction, Teacher & students 0:30 Intro, self-assessment, students only 1:00 Write a Business Plan, students only 1:00 Interview an Entrepreneur, students only 1:00 Discussion, Teacher & students	Off line On Off line Off line Off line
Goals and Commitments	Based on all you've learned about the life you want AND how the real world works, what will you do? How will you make progress toward your future? 2:15 TOTAL, 2:15 Off line	0:15 Introduction, Teacher & students 1:00 Decide What to Do Today, students only 1:00 Discussion, Teacher & students	Off line Off line Off line
Volunteering and Service	Explore service and helping others. 3:45 TOTAL, 3:15 Off line	0:15 Introduction, Teacher & students 1:00 What is Service, students only 0:30 Self-assessment, students only 1:00 Service work interview, students online 1:00 Discussion, Teacher & students	Off line Off line On Off line Off line
Total Student Time 31:45 Total Teacher Time 8:30 Possible Off line Hours 22:00 Student computer time 9:45			
Typical time required to complete the program, if computer time is a limiting factor		3 hours/week computer time: 4 weeks to complete	
		2 hours/week computer time: 5 weeks to complete	
		1 hour/week computer time: 10 weeks to complete	